

City of Vacaville

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FOR IMMEDIATE RELEASE
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VACAVILLE CELEBRATES NATIONAL PARKS AND RECREATION MONTH

In 1985, the National Recreation and Park Association (NRPA) designated the month of July as Parks and Recreation Month. Recreation facilities and parks across the country use July to celebrate the beginning of summer programming as well as a time to pull their communities together to volunteer, get involved in great outdoor activities and advocate for parks and recreation.

As part of this year's celebration, the City of Vacaville Community Services Department is planning activities to keep the community active and involved. Again this year, the department has put together a "July is Parks and Recreation Month" calendar with an idea for a recreation activity every day in July. The calendar can be found online at www.cityofvacaville.com, in all City community centers, and at the Community Services booth at the Creekwalk concert series.

As part of a summer full of activities and community celebrations, help Vacaville celebrate the month that highlights the hard work and passion of public park and recreation supporters across the country, and the joy that comes from our places and spaces.

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Celebrate July!

National Park and Recreation Month

S M T W T F S

In 1985 the National Recreation and Park Association (NRPA) designated the month of July as Recreation and Parks Month. Recreation facilities and parks across the country annually use July to celebrate the kick-off of summer programming as well as a time to pull their communities together to volunteer, get involved in great outdoor physical activities, and advocate for parks and recreation.

6 July is "National Picnic Month". Enjoy a picnic at one of Vacaville's 30 Parks.

7 Shake your stress away! Liberate your body with a low impact **Belly Dancing** class at the Ulatis Community Center. Monday's, 6-7pm, \$41.00 per month

8 Play a game of tag with your family at a local park.

9 Take your four legged friend for a walk or to the Dog Park at Lagoon Valley.

10 Face your fears! Get up close and personal with a snake, tortoise, tarantula, alligator or lizard at our **CREEPLY CRITTERS** show at the Three Oaks Community Center. 10-12 noon, \$5.00 pre-reg/ \$6.00 at the door.

11 Join us in Fun & Celebration at the CreekWalk Concert Series every Friday night in July and dance those blues away. Stop at the Community Services booth and see what we have to offer.

12 Learn about the "Cleanest and Greenest" Dedicated Compressed Natural Gas Cars. 10-11am at the McBride Center RSVP to 469-6660

13 Grab a friend and play tennis at the Three Oaks Community Center, Alamo Creek Park, Cannon Station Park or Centennial Park.

14 Chair exercise and gentle stretching puts you on the road to a healthier lifestyle. M-W-F, 10:30am at the McBride Center.

15 Calling all birders. Grab your binoculars and head outside to your local park to experience bird watching.

16 Bring the entire family out of the heat to enjoy the family friendly entertainment show of **Dana and Lacy Variety Show**. 1-2pm, Three Oaks Community Center, \$5.00 pre-reg/\$6.00 at the door.

17 Join us at **Pena Adobe Park** for a **FREE Concert**. Local artists Joel and Emily Cribb will perform old fashioned tunes from 7-9pm.

18 It is the **CreekWalk Concert Series** night. Stop by the Community Services booth and see what we have to offer.

19 "Movies Under the Stars" Grab your blankets and bring the entire family to Andrews Park to enjoy the movie. Featuring **Harry Potter** and the Sorcerer's Stone. Movie begins at dusk.

20 Bring your art supplies and paint in the park at the **Pena Adobe Plein Aire** from 1-4pm.

21 Take the kids to the **Skateboard Park** at the Three Oaks Community Center.

22 Put on your helmets & take a family bike ride to **Town Square**.

23 **National Vanilla Ice Cream Day** - Share a cone with someone special.

24 Make a splash! Take the family swimming at the **Graham Aquatic Center**. 1-5pm, \$4.00-\$5.00 at the door.

25 **Dinner at Dusk** at **Camp Adobe Camp Grub** Cook Out 6:30-11:00pm. Campers in 1st-6th grades can enjoy a themed night time dinner outdoors. 6:30-10:00pm, \$15.00 pre-reg.

26 Come join us for a "Dive In Movie" featuring **SURF'S UP** at the **Graham Aquatic Center**. Doors open at 8:30pm. \$5.00 adults, \$3.00 children.

27 Enjoy a nature stroll through the **CreekWalk** at Andrews Park.

28 Blaze a new trail - take a hike at **Lagoon Valley Park**.

29 Visit the **Georgie Duke Sports Center** for drop in **Badminton**, T&H, 8-11pm, \$2.00 at the door.

30 Walk or bike the pathways around the **Ulatis Community Center**.

31 **Go Wild!** Take a journey with us into the inner world of wildlife. **Three Oaks Community Center**, 10-12noon, \$5.00 pre-reg/\$6.00 at the door.

Help the City of Vacaville, Community Services celebrate this month that highlights the hard work and dedication of public park and recreation supporters across the country, and the joy that comes from our Places and Spaces.



The City of Vacaville
Community Services Department
Visit us on-line at
cityofvacaville.com

