

City of Vacaville

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FOR IMMEDIATE RELEASE
Tuesday, August 24, 2010
Contact: Mary Torres (707) 449-5631

SAVE A LIFE – LEARN THE BASICS OF CPR AT UPCOMING CLASSES

The City of Vacaville's Community Services Department is sponsoring CPR Basics classes from 6-9 p.m. on Tuesday, September 7 and Tuesday, September 21 at the McBride Center, 91 Town Square Place.

Participants will acquire skills needed to save a life; learn how to recognize and respond to cardiac breathing and choking emergencies with adults; and how to recognize the symptoms of a heart attack. Training also includes use of an automated external defibrillator (AED) for victims of sudden cardiac arrest.

The class is open to individuals 11 and older. Participants will receive a CPR certification that is valid for two years.

The registration fee for the three-hour course is \$49, and a \$5 materials fee is payable to the instructor at the class. Pre-registration is required due to limited space. Individuals can register online at www.cityofvacaville.com or at any of the following locations: McBride Center, Ulatis Community Center, 1000 Ulatis Drive, and Three Oaks Community Center, 1100 Alamo Drive. For further information, call 449-5631.

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