

# City of Vacaville

Public Information Office  
650 Merchant Street  
Vacaville, CA 95688  
Phone: (707) 449-5371  
Online at: [www.cityofvacaville.com](http://www.cityofvacaville.com)



**FOR IMMEDIATE RELEASE**  
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**Contact: Audrey Calder, Recreation Coordinator,**  
**469-6673**

## **MCBRIDE COOKBOOK SALES TO BENEFIT SENIOR PROGRAMS**

Make room on your kitchen shelf for a new cookbook: McBride Senior Center Recipes, a collection of recipes contributed by local seniors and Community Services Department staff.

This is the first cookbook presented by the McBride Center, and the diversity of recipes makes this book unique. The recipes in the book include tried-and-true family favorites, gluten-free and diabetic options, and many multi-cultural recipes. There are over 130 recipes from more than 50 contributors.

Proceeds from the sale of the cookbook go to support senior programs offered by the City of Vacaville, Community Services Department. The price of the book is just \$8 and they are the perfect hostess gift or holiday present. Orders can be placed at the McBride Center registration counter from 8:30 a.m. to noon Monday through Friday. The books will be available in mid-November. Quantities are limited and they are expected to sell out quickly. For more information, please call 469-6660.

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