

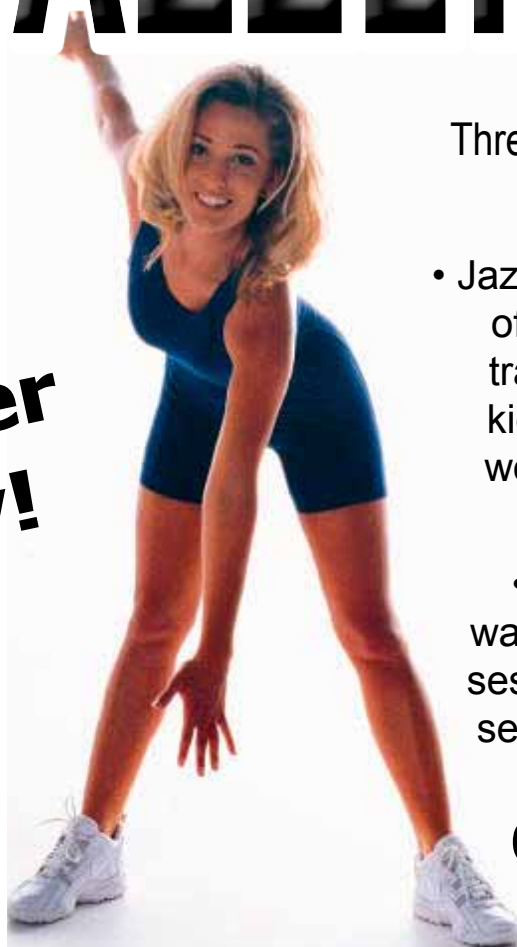


# JAZZERCISE

Offered by  
**VACAVILLE**  
Community Services  
Department

“We Create Community  
Through People, Parks  
and Programs”

**Register  
Today!**



16+

Three Oaks Community Center

## **Fitness is fun!**

- Jazzercise combines elements of Jazz dance, resistance training, pilates, yoga and kick boxing in a 60 minute workout choreographed to today's hottest music.
- Each class includes a warm up, 30 minute aerobic session, strength and toning segment and stretch finale.

**One week free for all  
new and returning  
customers!**

<b>Day</b>	<b>Time</b>
M,W,F	9:00-10:00am
M,W,F	4:30-5:30pm
T,W,Th	6:00-7:00pm (Wed. is Body Sculpting)
Sa	8:00-9:00am
<b>Class Owner:</b>	Sarah Rich
<b>Cost:</b>	\$98 Two month pass \$10.00 - daily drop-in fee 15% non-resident fee applies

Call (707) 301-6826  
or email  
sarah0303@netzero.com  
for information.

## Registration Hours and Locations

24 Hour On-Line Registration [www.cityofvacaville.com](http://www.cityofvacaville.com), must have family pin number from registration site.

McBride Center  
91 Town Square Place  
469-6660  
M-F, 8:30am-5:00pm

Three Oaks Community Ctr.  
1100 Alamo Drive  
469-4020  
M-F, 8:00am-5:00pm

Ulatis Community Center  
1000 Ulatis Drive  
469-4000  
M-F, 8:00am-7:00pm

### Policy of Non-Discrimination on the Basis of Disability

The City of Vacaville is committed to providing meeting facilities that are accessible to persons with disabilities. To request meeting materials in alternative formats, or to request a sign language interpreter, real-time captioning, or other accommodation, call 707-449-5409 (or 707-449-5162--TTY) at least four days prior to the meeting. Assistive listening devices may be obtained at the meeting or by calling the numbers above.

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