



Press Release

On February 10th, 2008 six youths from the Vacaville Police Activities League Judo Club competed in the San Jose State University Judo Tournament. The tournament was held at the San Jose State University Events Center. The tournament was a National tournament event with approximately 575 competitors from across the Nation. The Vacaville P.A.L. youths were Alexander Makimoto, Amanda Gunderson, Hunter Costello, Ronnie Wise, Michael Fife and John Fife.

John Fife placed first in his division, winning three of his four matches with a full point. Ronnie Wise won second place, winning three out of four matches. Michael Fife placed third winning three out of four matches. Alexander, Amanda and Hunter fought well but did not place in their divisions.

Judo is a grappling martial art that originated in Japan.

Competition judo matches are won by throwing or pinning your opponent. For older competitors, wins are also be attained by making your opponent submit by applying a choke or armbar.

The Vacaville Police Activities League Judo club is coached by Officers Gordon and Lucy Makimoto of the Vacaville Police Department. For questions about the Vacaville PAL program, please contact Officer Gordon Makimoto at 449-5200 or Amanda at 449-5629.